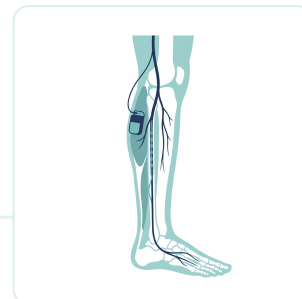


PATIENT EDUCATION · PERIPHERAL NERVE & PAIN PROCEDURES

Peripheral Nerve Implants

Peripheral nerve implants are select nerve-related procedures that may be considered for eligible patients living with chronic lower-extremity nerve pain. Implantable device options are highly individualized and depend on careful evaluation, candidacy, and insurance approval. These procedures are not appropriate for everyone.



For educational illustration only.

Focus area	Peripheral Nerve & Pain Procedures
Goal of care	Peripheral nerve implants are select nerve-related procedures that may be considered for eligible patients living with chronic lower-extremity nerve pain.
Where it's provided	In our office or a surgical center, based on your evaluation and what is clinically appropriate.
Your next step	A consultation with Dr. Stephen Wigley IV to review your symptoms and options.

Who May Benefit

- Select eligible patients with chronic foot, ankle, or lower-extremity nerve pain
- Those who have not found relief with other treatments
- Patients identified as candidates during evaluation

How We Evaluate

- Examination and review of your nerve pain history
- Discussion of candidacy and treatment goals
- Coordination of any required device and insurance approval steps

When to Seek Care

- Chronic burning, tingling, or nerve-type pain
- Nerve pain that limits daily activity
- Pain that has not improved with conservative care

Treatment Options

- Conservative and medical management
- Nerve stimulation evaluation when appropriate
- Implantable options for select eligible candidates

What to Expect

1

A careful candidacy discussion specific to your situation

2

Coordination of approval steps when applicable

3

Follow-up care through the Wigley Feet team

Your Surgery Journey — Before, During & After

BEFORE SURGERY

- Complete any requested labs, imaging, or medical clearance
- Review your medications with us — some may need to be paused
- Follow eating/drinking instructions if anesthesia is planned
- Arrange a ride home and loose, comfortable clothing
- Wash the foot the night before; remove nail polish if asked

DURING SURGERY

- Local anesthesia numbs the area for most office-based procedures
- You may feel pressure or movement, but should not feel sharp pain
- Most procedures take roughly 30–90 minutes
- Our team monitors your comfort throughout

AFTER SURGERY

- A sterile dressing protects the surgical site
- You may receive a surgical shoe or boot for walking
- Mild soreness is normal as numbness wears off
- Written instructions and follow-up scheduling before you leave

Dr. Wigley's Post-Op Instructions

1. Keep the dressing clean, dry, and in place until we remove or change it — no peeking.
2. Elevate the foot above heart level as much as possible for the first 48–72 hours.
3. Apply ice as directed (about 20 minutes on, 20 off) over the dressing — never directly on skin.
4. Take medication exactly as prescribed; stay ahead of pain rather than chasing it.
5. Follow your weight-bearing instructions and wear the surgical shoe/boot whenever walking.
6. No soaking, baths, swimming, or getting the site wet until cleared at follow-up.
7. Call the office right away for: fever over 101°F, spreading redness, foul drainage, bleeding through the dressing, severe pain not relieved by medication, or new calf pain/swelling.
8. Keep every follow-up appointment — healing is monitored at each visit.

Important: These are general guidelines. Always follow the personalized instructions given to you at your visit — they take priority over this handout. Questions after surgery? Call (305) 895-9528.

Common Questions

Will an implant relieve my pain?

We do not guarantee pain relief. Implantable options are highly individualized and are considered only for select eligible candidates after thorough evaluation.

Does everyone qualify?

No. Candidacy depends on your exam, history, insurance approval, and physician judgment.

Sources & Further Reading

• International Neuromodulation Society — neuromodulation.com

• MedlinePlus, U.S. National Library of Medicine — medlineplus.gov

Questions? Call Wigley Feet at (305) 895-9528 to schedule an evaluation. New patients can also request an appointment at www.wigleyfeet.com.