

PATIENT EDUCATION · PERIPHERAL NERVE & PAIN PROCEDURES

## Peripheral Nerve Stimulation

Peripheral nerve stimulation is an option that may be evaluated for select patients with chronic foot, ankle, or lower-extremity nerve pain. Candidacy is individualized and depends on evaluation and, when applicable, insurance approval.



For educational illustration only.

|                     |                                                                                                                                              |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Focus area          | Peripheral Nerve & Pain Procedures                                                                                                           |
| Goal of care        | Peripheral nerve stimulation is an option that may be evaluated for select patients with chronic foot, ankle, or lower-extremity nerve pain. |
| Where it's provided | In our office or a surgical center, based on your evaluation and what is clinically appropriate.                                             |
| Your next step      | A consultation with Dr. Stephen Wigley IV to review your symptoms and options.                                                               |

### Who May Benefit

- Select patients with chronic lower-extremity nerve pain
- Those who have not improved with conservative care
- Patients identified as candidates during evaluation

### How We Evaluate

- Review of your nerve pain history and prior treatments
- Discussion of candidacy and goals
- Coordination of approval steps when applicable

### When to Seek Care

- Chronic nerve-type pain in the foot or leg
- Pain limiting your daily activity
- Symptoms that have not responded to other treatments

### Treatment Options

- Conservative and medical management
- Nerve stimulation evaluation for select candidates
- Referral when appropriate

### What to Expect

1

A candidacy discussion specific to your situation

2

Coordination of next steps

3

Follow-up with the care team

### Common Questions

#### Is nerve stimulation a cure?

No. It is one option that may be considered for select patients. We do not guarantee outcomes.

### Sources & Further Reading

• International Neuromodulation Society — [neuromodulation.com](http://neuromodulation.com)

• MedlinePlus, U.S. National Library of Medicine — [medlineplus.gov](http://medlineplus.gov)

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**Questions?** Call Wigley Feet at (305) 895-9528 to schedule an evaluation. New patients can also request an appointment at [www.wigleyfeet.com](http://www.wigleyfeet.com).